

Chapter 1 Final Assessment

____ Outcome 7.1.1: The student will explore the general concept of empowerment.

Choose from ONE of the following activities to demonstrate your knowledge about EMPOWERMENT and DISEMPOWERMENT.

1. Write a reflective journal entry about an incident or situation when you personally felt empowered and one where you felt disempowered. Please explain why these two situations were different and your feelings towards the incidents now. Your response should be 1 page typed and double-spaced.
2. You may find an article in a local newspaper with the example of empowerment or disempowerment, cut it out, paste it on a piece of paper and summarize who is empowered/ disempowered and why. Your response should be $\frac{1}{2}$ page typed and double-spaced.

Due Date: _____